

AL SAFWAH ROYALE ORCHID

МАККАН





Destination of hospitality & luxury







واجهلة الضيافة والفضاصة

Brochette of baby mozzarella & Grilled vegetables

SR 45

Served on saffron risotto

Nutrition information:

	Calories	370.7 kcal	Total Carbohydrates	12.46 g
	Total Fat	31.41 g	Protein	16.7 g
	Cholesterol	32 g	Dietary Fiber	2.59 g
	Sodium	53 g		

Ingredients:

90 g baby mozzarella 50 gr saffron risotto 30 gr button mushroom 5 ml olive oil 40 gr marrow cut into chunks 15 ml balsamic vinegar 30 gr cherry tomatoes freshly ground pepper salt saffron risotto 60 gr rice camarli rice chopped white onions 2 gr saffron powder or pistils 150 ml vegetables stock

Healthy Option

Mediterranean Salad

SR 35

Served with bread croutons and roasted cherry tomatoes **Nutrition information:**

Calories	199 kcal	Total Carbohydrates	6 mg
Total Fat	6.9 g	Protein	16.7 g
Cholesterol	0.1 mg	Dietary Fiber	0.8 g
Sodium	7 mg		

Ingredients:

80 gr sliced chicken breast 30 gr fries lettuce 3 gr bread croutons 30 gr endive 3pcs roasted tomato 30 gr endives 3 gr Mixed herb (rosemary, parsley) 10 ml olive oil salt and pepper.

Rolls of beef Carpaccio

SR 45

Rolled beef fillet with asparagus on top of grilled marrow **Nutrition information:**

Calories	396.9 kcal	Total Carbohydrates	3.33 mg
Total Fat	31.09 g	Protein	30.2 g
Cholesterol	102 mg	Dietary Fiber	1.09 g
Sodium	2554 mg		

Ingredients:

20 gr zucchini 10 gr parmesan cheese 40 gr asparagus 5 ml lemon juice 80 gr beef fillet 10 ml herb oil salt and pepper, olive oil mixed with freshly ground pepper chopped parsley.

Salmon and Spinach

Baby spinach potatoes, marinated salmon and dill

Nutrition information:

Calories	200 kcal	Total Carbohydrates	23.3 mg
Total Fat	504 g	Protein	22.49 g
Cholesterol	0 mg	Dietary Fiber	0.1 g
Sodium	0.1 mg		

Ingredients:

25 g baby spinach 3 g chopped dill 40 g diced cooked potato 80 g marinated salmon

SR 60

Cold Beverage

	$\Delta / \Delta /$
Mineral Water and Sparkling	
Mineral water (small)	SR 04
Mineral water (large)	SR 08
Evian water (small)	SR 08
Evian water (large)	SR 16
Perrier water (small)	SR 07
Perrier water (large)	SR 14
	whit
Freshly Squeesed Juices	X A A
Orange, Lemon, Mango	SR 15
Fruit Cocktail	SR 18
Orchid Moktail	SR 18
Strawberry, mango, banana	VYXYY
Sangria	SR 25
Orange juice, red grape juice, perrier water	XTTXT
7 7 7 7 7 7 7 7 7	1
Soft Drinks	SR 05
Pepsi, 7 Up, Mirinda, Diet	My y y
Hot Beverages	
Turkish Coffee	SR 09
Espresso	SR 09
Cappuccino	SR 10
Hot Chocolate	SR 10
	$\langle \langle X \rangle \langle X \rangle$
Tea of Different Flavors	SR 12

Lipton, darjeling, english breakfast, earl grey,

strawberry, peach, lemon or ginger

Midnight Supper Menu

Served from Midnight until 6:00 AM

SR 55

SR 18

SR 22

SR 28

SR 22

SR 16 SR 15

SR 32

SR 28

SR 30

SR 32

Smoked Salmon

Served with toast, onion rings, capers and horse radish sauce

Seasonal Salad

Lettuce, tomato, cucumber, green pepper. Served with vinaigrette sauce

Greek Salad

Lettuce, tomato, cucumber, fetah cheese, black olives

Assorted Cold Arabic Mezza

Homos, mutable, tabouleh, grape leaves, fatouch

Assorted Hot Arabic Mezza

Kebah, meat sambousek, cheese fatayer, spinach fatayer

Soup

Chicken cream Lentil soup

Club Sandwich

Triple slices of white loaf toasted, filled with iceberg lettuce, cheese, chicken, sliced beef, fried eggs tomato and cucumber. Served with coleslaw and French fries

Beef Burger

Minced beef burger in sesame bun with cheese. Served with French fries

Pasta

Spaghetti Bolognaise or Napolitano

Topped with minced beef sauce or tomato sauce. Served with parmesan cheese

Fettuccini Alfredo

Served with cream and cheese sauce

Just for Kids

<u>- </u>	24.24	26.2
Spaghetti Mamia		SR 15
With meat balls and tomato sauce	2232	RZ Z
Tom and Jerry		SR 13
Sausage and shish kofta with potato puree	7.F	44
Captain Meal		SR 15
Breaded fish with French fries and green peas	JXZ	3XZ
Mickey Meal		SR 13
6 Piese of fried mozzarella sticks and chicker	n nuggets	
Hero Chicken		SR 15
Grilled chicken with French fries		
Desserts		
Chocolate Cake		SR 8
		2
Cheese Cake		SR 8
$\langle X \rangle \langle X \rangle \langle X \rangle$	$\langle \rangle $	
Creme Caramel		SR 6
Fruit Jelly		SR 6
	$\langle \rangle$	\times $>$ \langle
Strawberry Ice Cream		SR 6

With fresh strawberry and fresh cream

Desserts

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	Chocolate Cake		SR 10	5
$\langle \rangle$	_ S_X_Z_ S_X_Z_ S_X_Z	3	X	52
	Cheese Cake		SR 18	8
$\langle \rangle$		3	X	$\langle \rangle$
	Apple Pie		SR 10	5
$\left\{ \right\}$	Served with vanilla ice crèam	$\overline{\langle}$	XX	3
	Crème Caramele		SR 12	2
ア	vt 7vt 7vt 7	Z	22	rt'
	Chocolate Mousse		SR 15	5
5	we but but by	A	54	A
	Fruit Salad		SR 1'	7
Y		A		\mathcal{A}
	Oriental Sweets		SR 18	8
$\langle \rangle$	<u>SXX SXX SXX</u>	5	X_Z	Δ
	Fresh Fruit Platter		SR 22	2
$\langle \rangle$			X	
	Om Ali		SR 10	5
$\langle \rangle$		7	$X \Sigma$	$\langle \rangle$
	Banana Split		SR 22	2
4	Vanilla ice crèam and banana	Z	XX	37
	Ice Cream (3 Scoops)		SR 18	8
3	Your choice of vanilla, mango, strawberry or chocolat Served with chocolate or strawberry topping	e.	3>	

Pizza and Pasta

	I SAAL SAAL SAAL SA	52 SJ
	Pizza Margarita	SR 22
7	Tomato, bazil and mozzarella cheese	
	Vegeterian delight	SR 28
2	Pizza with marinated tomato artichokes, green pepper onion, mozarella cheese	XXX
	Seafood Pizza	SR 35
	Aselection of sea food, fresh herbs, mozarella cheese and tomato sauce	
	Chicken Pizza	SR 28
5	Tomato, bazil, green pepper, mushroom, cheese and chicken	
	Split it	SR 32
1	Ask for different topping on each half	
	Pasta	$\langle \rangle \langle \rangle$
	Spaghetti Bolognaise or Napolitano	SR 30
	Topped with minced beef sauce or tomato sauce. Served with parmesan cheese	
	Fettuccini Alfredo	SR 32
5	Served with cream and cheese sauce	$\langle \Sigma \rangle$

Main Course

Served from 12:00 noon until 11:00 PM

	Mixed Grill	SR 55
777	Kofta, kebab, tauk and lamb chops. Served with oriental rice and sauted vegetables	
	Beryani or Kebsah	SR 38
2	With lamb or chicken	JXE J
	From Fisherman Net	
	Grilled lobster with shrimps & fillet of hammour fish Served with white rice	SR 135
	Grilled Shrimps	SR 70
	With lemon butter sauce	
_	Fillet of Hammour Grilled or Fried	SR 48
	Gosht or Morgh Curry	SR 38
Ż	Mutton curry or chicken curry. Served with basmati ric	xe
	Nasi Goreng	SR 40
	Indonesian favorite dish fried rice with shrimps and ch Served with sambal sauce	licken.
	Chicken Tajen	SR 45
	Marinated chicken cooked with olive oil moroccan sty	le Z Z Z
	Lamb Tajen	SR 45
	Marinated and cooked moroccan style. Served with dry	y fruit

Lunch and Dinner

Served from 12:00 noon until 11:00 PM

Soup	
Lentil Soup	SR 15
Chicken Crème soup	SR 16
Soup of the Day	
Sandwiches	SR 26

Your choice of: Chicken, tuna or cheese sandwich. Served on white or brown toast with tomato, lettuce, cucumber and french fries

Steak Sandwich

Fillet tenderloin in loaf of french bread, onion rings. Served with french fries

Club Sandwich

Triple slices of white loaf toasted filled, with iceberg lettuce, cheese, chicken, sliced beef, fried eggs tomato and cucumber. Served with coleslaw and french fries

Beef Burger

Minced beef burger in sesame bun with cheese. Served with french fries

SR 28

SR 38

SR 32

Lunch and Dinner

Served from 12:00 noon until 11:00 PM

Appetizers

Smoked Salmon

Served with toast, onion rings, capers and horse radish sauce

Shrimps Cocktail

Served with cocktail sauce

Fisherman Platter

Shrimps, smoked salmon, smoked mackerel crab sticks. Served with a selection of sauce

Assorted Cold Arabic Mezza

Homos, mutable, tabouleh, grape leaves, fatouch

Assorted Hot Arabic Mezza

Kebah, meat sambousek, cheese fatayer, spinach fatayer

Healthy Salad

Caesar Salad

Ice berg, grilled chicken breast with caesar sauce

Seasonal Salad

Lettuce, tomato, cucumber, green pepper. Served with vinaigrette sauce

Greek Salad

Lettuce, tomato, cucumber, fetah cheese, black olives

Nisoise Salad

A combination of tuna, boiled potato, green beans, black olives, anchovies, boiled eggs. Served with vinaigrette sauce

SR 22

SR 18

SR 22

SR 30

SR 48

SR 55

SR 90

2

SR 28

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SR 24

7

Ala Carte Breakfast

Served from 6:00 AM to 11:00 AM

	Fresh Fruit and Juices		
オイナイナ	Freshly squeezed grapefruit, orange or carrot juice Fruit cocktail Fresh fruit salad Half grapefruit	SR 15 SR 18 SR 16 SR 08	
	Hot Beverages		
	American coffee Turkish coffee Nescafe Hot chocolate Moroccan tea Regular tea (with milk or mint)	SR 09 SR 08 SR 08 SR 12 SR 09 SR 08	
	Fresh Baker Basket (from the Bakery Every Morning)	SR 28	
x + +	Assorted bread basket with croissant, danish pastry, bread rolls and toast. Served with jam, butter and honey		
	Cereals and Yogurts		
	Your choice of one the following cereals: Corn flakes, all bran, rice crispies (served with cold or hot milk)	SR 15	
	Plain or fruit yogurt	SR 09	
	Breakfast Favorites		
	Assorted cheese platter Golden pancake with maple syrup Foul modamas with condiments	SR 22 SR 16 SR 14	
	Two Fresh Farm Eggs	SR 14	

Fried, poached or scrambled. Served with hash brown potatoes and grilled tomato

Breakfast

Served from 6:00 AM to 11:00 AM

Continental Breakfast

Choice of one: orange juice, grapefruit juice or cocktail juice Choice of (3 item per order) Danish pastries, toast, croissant, muffin or bread rolls Choice of one: coffee or tea (with milk or mint) hot chocolate.

Served with butter, jam and honey

Oriental Breakfast

Continental breakfast plus the following: White cheese, labneh, foul modamas, hommous Cucumber, tomato, olives, toasted Arabic bread Choice of one: two fried eggs, two scrambled eggs, two boiled eggs, two poached eggs, or two omelette eggs with beef strips or chicken sausage (All dishes are served with hash brown potatoes, grilled tomato)

American Breakfast

Continental breakfast plus the following: Cereal with cold or hot milk Choice of one: two fried eggs, two scrambled eggs, two boiled eggs, two poached eggs or two omelette eggs with beef strips or chicken sausage (All dishes are served with hash brown potatoes, grilled tomato)

Orchid Healthy Breakfast

Choice of one: grape fruit juice, orange juice or lemon juice Choice of one: two boiled eggs, or two poached eggs on whole wheat toast. High fiber cereal served with low fat milk (hot or cold)

Choice of one: half grapefruit, fresh fruit salad or low fat yoghurt.

Basket of brown bread, toasted Arabic bread, seeds bread margarine low fat

Served with low fat butter, jam without sugar

SR 55

SR 60



SR 45

